

Topping  
up your  
tank:  
Parenting  
during a  
pandemic

# YOU CAN LOVE YOUR KIDS AND STILL...

@\_HAPPYASAMOTHER



An online interactive information session for parents to talk about parenting issues and why its important to look after you

Facilitator: **Hanan Edezandi**  
(Broadmeadows Women's Community House and ParentZone)

Date: Thursday 12th,  
November, 2020

Time: 10am to 12noon

Cost: Free

For further information about this event please ring  
Thomastown Neighbourhood House on 8376 6939  
To register please visit Try Bookings and copy this link

<https://www.trybookings.com/BMCCN>

Places Limited. Bookings Essential.



This event has been organised in  
partnership between *Thomastown  
Neighbourhood House* and  
*ParentZone*

**PARENTZONE**